



Making salt dough

Inside you will find:

Bag of salt*
Bag of plain flour.
Half a cup of water.
Dough cutters and rolling pins.

To Make/Play:

1. Mix one cup of plain flour and half a cup of salt in a bowl.
2. Mix flour and water together.
3. Gradually add water to make rough dough - not too sticky.
4. Knead all the ingredients together.
5. Sprinkle extra flour over as necessary to prevent dough from being too sticky.
6. Play with the dough together and talk about how it feels.
7. Explore and discuss the shapes made with the dough cutters.

* Due to high salt content, please do not allow your child to eat the dough.